



# firstfly Day Care & Pre School

A Child Care Initiative by JEGATHAMBAL EDUCATION TRUST.  
Reg. Public Trust No.: 74 / 17 (Book IV) dated 26-05-2017 at SRO, Erode.

## Day Care Schedule

(Age Group - 6 months to 2 Years)

Time	Hours	Activity
9:00 Am to 10:00 Am	1 hour	Snacks followed by Playtime
10:00 Am to 12:00 Pm	2 hours	Primary Activity* of the Day
12:00 Pm to 2:00 Pm	2 hours	Lunch followed by Indoor / Outdoor Play
2:00 Pm to 5:00 Pm	3 hours	Moral Stories followed by Nap
5:00 Pm to 6:00 PM	1 hour	Snacks followed by Playtime

\* The Primary Activity will be given based on the days of the week

## Day wise Primary Activities

Day	Code	Primary Activity	Stimulations
Monday	SDA	Sensory Development Activities	Sensory Organs
Tuesday	FMA	Fine Motor Activities	Hand & Fingers
Wednesday	SGA	Small Group Activities	Communication
Thursday	MMA	Music & Movement Activities	Spatial awareness
Friday	ACA	Art & Crafts Activities	Creativity
Saturday	WMA	Working Memory Activities	Brain Function

The Primary Activities are categorized based on the Age group



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**DIFFERENT**



- Dumbo

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Code	Level	Age group wise List of Primary Activities
SDA	Level 1 Infant	<b>Activities:</b> Exploring soft, textured fabrics; gentle water play; observing colorful lights. <b>Focus:</b> Stimulating sensory awareness through touch, sight, and sound.
	Level 2 Toddler	<b>Activities:</b> Exploring sensory bins, matching scents, touch-and-feel guessing games. <b>Focus:</b> Developing senses of touch, smell, and texture awareness.
FMA	Level 1 Infant	<b>Activities:</b> Grasping soft toys, picking up small, safe objects (e.g., large beads), stacking lightweight cups. <b>Focus:</b> Developing pincer grip, hand-eye coordination & finger strength.
	Level 2 Toddler	<b>Activities:</b> Threading beads, shaping playdough, Stacking toys, Clay modelling. <b>Focus:</b> Enhancing hand-eye coordination and finger strength.
SGA	Level 1 Infant	<b>Activities:</b> Sitting in a circle for clapping games, tummy time with peers, rolling a ball back and forth. <b>Focus:</b> Encouraging early social interaction and turn-taking.
	Level 2 Toddler	<b>Activities:</b> Building towers together, Group games (catch, relay & sorting games). <b>Focus:</b> Encouraging teamwork, communication, and social interaction.
MMA	Level 1 Infant	<b>Activities:</b> Listening to lullabies, gentle swaying to music, patting drums or soft instruments. <b>Focus:</b> Promoting rhythm recognition, coordination, and bonding through movement.
	Level 2 Toddler	<b>Activities:</b> Singing action songs, clapping to rhythms, dancing to music. <b>Focus:</b> Building coordination, rhythm, and self-expression.
ACA	Level 1 Infant	<b>Activities:</b> Handprint or footprint art, smudging with edible finger paints, exploring safe crayon scribbling. <b>Focus:</b> Introducing sensory exploration and fostering creativity.
	Level 2 Toddler	<b>Activities:</b> Making collages, finger painting, Themed crafts (making animal masks). <b>Focus:</b> Fostering creativity and improving fine motor skills.
WMA	Level 1 Infant	<b>Activities:</b> Playing peek-a-boo, hiding and revealing toys, responding to familiar songs. <b>Focus:</b> Aiding memory development & recognition of patterns / faces.
	Level 2 Toddler	<b>Activities:</b> Matching, Sorting, Number puzzles, memory card games, recalling stories. <b>Focus:</b> Strengthening memory and attention span.
<b>Infant</b> – 6 months to 1 year   <b>Toddler</b> – 1 year to 2 years		



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